



## GREAT GIFTS FOR MOM

10" BS FERN

**\$9<sup>99</sup>**



Reg. \$14<sup>99</sup>  
33-2605



10" PATIO PLANTERS

**\$12<sup>99</sup>**



Reg. \$19<sup>99</sup>  
33-0338



18" WINDOW BOX

**\$19<sup>99</sup>**



Reg. \$29<sup>99</sup>  
33-0327



8" RIO

**\$10<sup>99</sup>**



Reg. \$14<sup>99</sup>  
33-5341



10" HIBISCUS STANDARD

**\$19<sup>99</sup>**



Reg. \$29<sup>99</sup>  
33-1239



Limited Quantities Available • Thursday, May 8<sup>th</sup> to Sunday, May 11<sup>th</sup>, 2014

GLENDALE AVE.  
ST. CATHARINES  
805-227-7461

WELLAND AVE.  
ST. CATHARINES  
805-889-0488

MCLEOD RD.  
NIAGARA FALLS  
805-350-0161

LOUTH ST.  
ST. CATHARINES  
805-882-8276

MONTRORSE RD.  
NIAGARA FALLS  
805-354-9848

GARRISON RD.  
FORT ERIE  
805-871-1584

WEST SIDE DR.  
PORT COLBORNE  
805-836-1155

PRIMEWAY DRIVE  
WELLAND  
805-732-7601



# CANADIAN TIRE

## Canada's Spring Store

### LAKESIDE COLLECTION BISTRO SET

**SAVE  
20%**



#88-1577-4 Reg. \$349.99

**SALE \$279<sup>99</sup>**

### BISTRO FOLDING SET

**SAVE  
23%**



#88-1591-8 Reg. \$129.99

**SALE \$99<sup>99</sup>**

### CAST BISTRO SET

**SAVE  
25%**



#88-0832-2 Reg. \$199.99

**SALE \$149<sup>99</sup>**

### FOLDING DIRECTOR CHAIR BISTRO SET

**SAVE  
20%**



#88-1498-2 Reg. \$199.99

**SALE \$159<sup>99</sup>**

### MONTEREY COLLECTION DAY BED AND SWING WITH NETTING, GREEN

**SAVE  
15%**



#88-1517-8 Reg. \$399.99

**SALE \$339<sup>99</sup>**

### DELUXE SWING, 3-SEAT

**SAVE  
14%**



#88-1519-4 Reg. \$299.99

**SALE \$259<sup>99</sup>**

### VILLA OFFSET CANOPY

**SAVE  
20%**



#88-1592-6 Reg. \$399.99

**SALE \$319<sup>99</sup>**

### OFFSET PATIO UMBRELLA, 10 X 10-FT

**SAVE  
18%**



#88-1269-8 Reg. \$369.99

**SALE \$299<sup>99</sup>**

GLENDAL AVE  
ST. CATHARINES  
905 227-7481

WELLAND AVE.  
ST. CATHARINES  
905-688-0488

MCCLEOD RD.  
NIAGARA FALLS  
905 368-0161

LOUTH ST.  
ST. CATHARINES  
905 682-8276

MONTRÉORE RD.  
NIAGARA FALLS  
905 854-8848

GARRISON RD.  
FORT ERIE  
905 871-1584

WEST SIDE DR.  
PORT COLBORNE  
905-836-1155

PRINCEWAY DRIVE  
WELLAND  
905-732-7501



**Rina Trepanier**  
Sales Representative  
*Experience Counts!*

Visit all Rina's listings  
[www.rinat.ca](http://www.rinat.ca)

905-892-0222 • 905-734-4545

Direct 905-980-1199

E-mail: [rinat@royallepage.ca](mailto:rinat@royallepage.ca)

**ROYAL LEPAGE**  
NIAGARA REAL ESTATE CENTRE, BROKERAGE

26 Years of Award Winning Real Estate Sales

HOME DELIVERY CALL 905-732-2411

THURSDAY, MAY 8, 2014

[www.pelhamnews.ca](http://www.pelhamnews.ca)

**JEAN HAAPAMAKI**

Broker/Agent



THINKING OF  
LISTING OR  
BUYING?  
FREE MARKET  
EVALUATION

Direct: 905-980-8491

[www.jeanhaapamaki.ca](http://www.jeanhaapamaki.ca)

**COLDWELL BANKER**

MORRIS REALTY  
BROWNSVILLE  
905-892-0700

# Pelham NEWS

Published by Sun Media Publishing Inc.

**Live... WITH CONFIDENCE!**

101-101-101-101 Royal LePage, Niagara (2013)  
101-101-101-101 Royal LePage, Niagara (2013)  
101-101-101-101 Royal LePage, Niagara (2013)

905-892-0222 (office)  
905-321-8306 (mobile)  
905-321-8306 (home)  
905-321-8306 (fax)

**ROYAL LEPAGE**  
100 YEARS  
SINCE 1914

**Cindy Raskob**  
Sales Representative

**MUDFEST: Fundraiser supports charity's capital campaign**

## Down and dirty in Pelham

**MARYANNE FIRTH**  
Pelham News Staff

It's one of few competitions where mudslinging is not only allowed, it's encouraged.

In fact, the more covered in muck you were crossing the finish line, the better.

About 200 people participated in last Saturday's inaugural Pelham Mudfest Challenge, taking on a five-kilometre obstacle course through the hills of Bissell's Hideaway Resort.

The event, hosted by Rotary Club of Fonthill, acted as a

fundraiser for Pelham Cares' Home for Good capital campaign.

Trish Pavao was among the many unafraid to get her hands dirty.

After moving through the crawl tunnels that led to the race's end, Pavao through up her muddy hands in victory and showing off her uncashed pink nail polish.

"We came for some fun," she said on behalf of her teammates.

See MUDFEST on Page 2



MARYANNE FIRTH/PELHAM NEWS STAFF

Halee Braun and Nicole Marshall celebrate after completing the inaugural Pelham Mudfest Challenge Saturday.



**Pine**  
pinesold.com SALES REPRESENTATIVE

**THE ONLY #1 THAT MATTERS IS YOU! I WILL PUT YOU FIRST WITH ALL YOUR BUYING AND SELLING NEEDS. CALL ME AND....**



**Consistently a Top Producer with Royal LePage Niagara**

**ROYAL LEPAGE** 100 YEARS SINCE 1914  
Niagara Real Estate Centre, Brokerage  
Independently Owned & Operated



Office: 905-892-0222 • Sell: 905-321-2261 • [debbiepine@royallepage.ca](mailto:debbiepine@royallepage.ca)

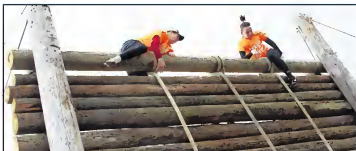
# UPFRONT

## ■ MUDFEST

PHOTOS BY  
MARYANNE FIRTH/  
PELHAM NEWS STAFF  
The inaugural  
Pelham  
Mudfest  
Challenge had  
participants  
running,  
crawling,  
climbing and  
swimming to  
reach the  
finish line.



A participant crawls through the mud. The race attracted about 200 people.



Trish Pavao made it through the challenge dirty but with nail polish still intact.

## Mudslinging encouraged at Pelham event

From Page 1

And that's just what they got.

The gigantic water slide, one of 12 obstacles on the race, seemed to draw the most excitement for Pavao and her team, who intend to give the race another go come September.

Halee Braun and Nicole Marshall also expected to hit

the course again later this year.

"We love mud, as you can see," Braun, with dirt smeared across her face, said with a laugh.

The race's many hills were the biggest challenge, she said.

Runners also faced a series of walls, one as high as 4.5 metres, mud crawls, mud pits,

tire runs, and, to cap it all off, had to take a swim through a chilly pond before reaching the finish line.

"People just love this stuff!" said event chairman Frank Adamson, who was all smiles Saturday as crowds packed into the Meeker Rd. campground.

It may have been chilly outside with a bit of rain, but that didn't deter runners from the

challenge.

"These folks are wet and dirty anyway, so it doesn't matter to them," Adamson said lightheartedly.

He enjoyed watching the "big sense of accomplishment" on the faces of participants as they successfully completed obstacles.

"When they first see what's coming, they say, 'Eww, I have

to go in there?' But then they just jump right in," added volunteer co-ordinator Carolyn Mullin. Saturday's event was a trial run for the Pelham Mudfest Challenge on Sept. 6. The plan moving forward is to turn the summer event into an annual occurrence that will draw people from across the province.

Adamson hopes the September Mudfest is "five times

as big" as this weekend's race.

There's potential, he added, to have a one-kilometre children's fun run as well, to allow youngsters the opportunity to get muddy.

For more information on Pelham Mudfest, visit [www.pelhammudfest.ca](http://www.pelhammudfest.ca)

maryanne.firth@sunmedia.ca  
Twitter: @mfrthfrbune

## Lampman Funeral Home

**724 CANBORO ROAD  
FENWICK (905) 892-4701**

**Our Family Serving Your Family  
For Over 100 Years**  
since 1911

Irvine Muir Terry Mikolasek

Wheelchair  
Accessible

# LOCAL NEWS

■ **POLITICS:** \$20,000 sought by Town of Pelham

## Town sues council candidate

MARYANNE FIRTH  
Pelham News Staff

The Town of Pelham is suing a former employee who is now running for council, the Tribune has learned.

Tara Druzina, who worked as an administrative assistant in Pelham's planning department, is being sued for \$20,000 for breaching an agreement signed after her employment was terminated in late October.

None of the allegations have been proven in court. She filed her paperwork for council on April 24.

Druzina worked for six years under planning director Craig Larmour, who was replaced by Noushy Tavassoli in July.

In early October, Druzina left on stress leave. She said there were issues that made

her feel she could not return to her position. According to both Druzina and court documents, she was paid a \$20,000 severance by the Town in November and was required in return to not interfere with Pelham's operations or business practices.

On Jan. 26, Druzina submitted six Freedom of Information requests that were approved by the Town.

Exactly one month later, she submitted an additional six FOI requests.

On March 20, she received a letter from the Town of Pelham denying the latter six requests, calling them "frivolous and vexatious."

The following day, Druzina was served with notice she was being sued. "It is evident that your requests are part of a pattern of conduct that amounts to an abuse of the right of access and would

interfere with the operations of the Town," the letter reads.

"In addition, given the nature of your requests in view of recent past experience with you, the requests are regarded as having been made in bad faith and for a purpose other than to obtain access."

The FOI requests sought information on company training programs, job descriptions, employee credentials, tender documents, the amount paid out in early retirement fees, dismissals and terminations, and documents pertaining to the Fenwick beautification project.

Druzina, who feels her civil rights were violated in having the requests denied, has appealed the decision to the Information and Privacy Commissioner and is awaiting a response.

"My biggest fear is that I'll become an ass as a disgruntled employee," the Fenwick resident said, adding she's actually a "concerned citizen" who is seeking transparency from the local government.

"Why not answer my questions if you're that transparent and responsible?" she said.

"Those are very benign questions. I wasn't accusational. I just want to know where the spending has been. I want to know that the CAO and management have the credentials that they say they have in order to run a municipality responsibly."

The circumstances are "different than just any day-bite making FOI requests," said Pelham Mayor Dave Augustyn when called for comment Friday.

"This (the lawsuit) is

because there was a settlement between the Town and this employee.... This is an employee-employer issue."

Druzina has an additional list of FOIs that she wants to submit. She said she has particular concerns about transparency regarding the east Fonthill development plan.

Wanting to improve transparency in the town, Druzina filed her nomination papers April 24 to run for a Ward 1 seat on Pelham council.

"I don't know what the transparency issue is, we've been very transparent," Augustyn said.

"When we've made agreements with various parties, for example, Wellspring or the Allen Group, all agreements are dealt with publicly beforehand. They were approved at council publicly," he said, referring to

the east Fonthill plans.

The Town has not heard feedback on the agreements from Druzina or other members of the public, Augustyn said.

"Council is very committed to working together with the community on issues that are important to us, and we've demonstrated that through the years. Any claims to the contrary I don't think are valid."

The record will show we are very, very transparent." Augustyn said the Town will respond to Druzina's allegations "in court and not in the media."

"Our statement of claim clearly outlines our concerns. It's a legal matter and we would ask that we'd allow that legal process to continue."

A court date has not yet been set.

GET THE LATEST  
BREAKING NEWS  
www.pelhamnews.ca



save ON energy  
FOR HOME

### Heating and Cooling Program

With as much as 60% of your annual energy costs going towards heating and cooling your home, it makes sense to invest in energy-efficient central heating and cooling systems.

With the HEATING & COOLING INCENTIVE you can receive up to \$650 on eligible replacement central heating systems\* and/or ENERGY STAR® qualified central cooling systems\* purchased from and installed by a participating contractor. Most importantly, once your installation is complete, you can save up to \$325\* a year on your electricity costs.

For a list of authorized contractors visit:

**www.npei.ca**  
or call: 1-877-797-9473



niagara  
peninsula  
energy inc.  
www.npei.ca



facebook.com/NPEIenergy  
@npeienergy

We'll give you something to  
**SMILE** about!

- Full & Partial Dentures • Emergencies & House Calls
- Free Consultation • Upper & Lower Dentures
- Same Day Repairs & Relines Service Available

**Norbert Gieger** » 188-A W. 4th St., Port Colborne  
905.835-2155

**CrossFit**  
WELLAND

24hr Fitness Centre

personal training  
group classes

**FREE Trials**

871 Niagara St.  
Welland  
905-931-3131  
kineticsynergy.ca





# Pelham NEWS

Published by PelhamNEWS, Sun Media Corp.  
228 East Main St., Welland, ON L0S 1E0  
Tel: 905-732-2414 ext.246 Fax: 905-732-3660  
e-mail: pelham.news@sunmedia.ca  
John Tobon, publisher, news & ads  
Don Daulton, editor  
Melissa Mangelsen, reporter  
melissa.mangelsen@sunmedia.ca

**SUN MEDIA**  
A Quebecor Media Company

## What's new at Pelham Public Library

**FRAN GILES**  
Pelham Public Library

**H**ere we are already at the beginning of May and the question is, Where has the first third of the year gone?

The big event coming up is the Pelham Art Festival which takes place Mother's Day weekend, May 9 to 11 at the Pelham Arena. To find out the times the festival is open, the names of the artists exhibiting, and the refreshments available, see the Pelham Art Festival website.

If you, or someone you know, is looking for a job, Niagara College Employment and Training Solutions will be at the Fonthill branch of the library on May 12 from 2 p.m. to 4 p.m. They will be giving out information about the provincially-funded Second Career program to provide laid-off workers with skills training and financial support. Free, but please pre-register.

Writer Ron Schafflick, who grew up in Welland, will be presenting "Interpreters," his collection of loosely linked short stories, May 12 at 7 p.m. \$5 Please register ahead.

For all those First World War buffs out there, there is an illustrated talk by Terry Copp, writer of "Fields of Fire: The Canadians in Normandy" and other books on military matters. It is sponsored by the Royal Canadian Legion 6613 and takes place at the Legion Hall, 141 Hwy. 20 E. on May 15 at 12 noon. Tickets can be obtained at the Pelham Public Library or the Legion.

In conjunction with the TGI: Crafting Afternoon which takes place every Friday from 1 to 3:30 p.m. there is going to be a craft supplies exchange May 16. Bring some excess craft materials; take some away. No sign-up necessary. Just come!

And, finally, on May 21 at 2 p.m. Physical activity advisors with Niagara Region Public Health are giving a demonstration of nordic walking (urban polling). See the health benefits for yourself! Free but please pre-register. Turning now to regular library resources as opposed to special programs, there seem to be some borrowers who are not aware of our extensive DVD collection. In addition to recent movies, which I mentioned in my last column, we also have some golden oldies such as "Doctor Zhivago" and "Lawrence of Arabia" and every era in between. We also have an extensive collection of British and American TV series on DVD. For instance, among the US series of days past there are "The Dick Van Dyke Show," "Laverne and Shirley" and "M.A.S.H." and, more recently, "The Sopranos" and "See in the City." "Lost" and "Mad Men," "Bones" and "Gilmore Girls." British series include "Cracker" and "Inspector Morse," "M-I-5" and "The Tudors," "New Tricks" and "Downton Abbey," "Doc Martin" and "The Vicar of Dibley." We are always open to suggestions: If it is available on DVD we will consider it.

There is something here for every taste. Have a look or ask for assistance. We're always glad to help.  
See you at the Library!

# COMMENT

## Niagara Week postponed

**BRIAN BATTY**  
Niagara regional councillor for Pelham

**A**t this point on Monday morning I should have been enroute to the GO parking lot at Casablanca Road in Grimsby to take the GO bus to Burlington and then the GO train to Union Station and then the subway to Queen's Park for the 10th annual Niagara Week celebration. Friday's election call changed that so we are ready to meet following the June 12 provincial election. Travel to GO transit is the top "ask" for this year's presentations to cabinet ministers, provincial staff and opposition parties. Our family has used this method of transit to Toronto for several years. At a return price of \$14 for seniors, it is hard to understand why people still prefer to drive with the cost of fuel and parking being so high. At this moment, the trip has hurdles for Niagarans. There is no approved parking facility at the Fairview Mall so the trip to Grimsby is in order due to the free, secure and well lit parking facility with adjoining welcome centre, restrooms and restaurants. Summer GO train service is currently available but the schedule favours Toronto to Niagara travel; not the

reverse unless you plan an overnight trip. Niagara Region has established a "nodes and corridor" study which should lead to permanent park and go areas to access regional transit, local transit and the GO train system.

During a two hour briefing session last Thursday, we reviewed the critical points in favour of the provision of a permanent GO rail expansion to Niagara with twice daily a.m./p.m. schedules proposed to commence by the summer of 2015. Some cite the Welland Canal ship traffic as an obstacle to such a schedule. The City of Niagara Falls and the St. Lawrence Seaway Authority have met and have run "ghost" train schedules during the past to show that boat traffic will not interfere with a GO train schedule. The Seaway Authority has indicated a willing partnership to ensure that train schedules will take precedence over the railway bridge at Lock Four on the Welland Canal. That alone will save the estimated \$750 million proposed for a bridge or tunnel grade separation.

The United States is proposing a high speed rail service to upsurge New York State making an extended GO service even more vital for Niagara's economic future. Barrie has permanent GO rail service

but studies show that more people travel from Niagara to Toronto (6,900) than Barrie to Toronto (5,600). More people in Niagara are in the morning peak period (6 a.m. to 9 a.m.) from Niagara to Toronto (530) than Barrie to Toronto (370). The 2011 "Transportation Tomorrow Survey" reported that 50,000+ people travelled daily from Niagara Region to Lakeshore West rail line municipalities. Over 15,000 people travelled from Niagara Region to Hamilton (8,600), Halton (4,200), Peel (1,800) and Toronto (1,500) during the peak morning period from 6 a.m. to 9 a.m.

This and several other Niagara Week priorities will be shared at this week's meeting of Pelham council. As your directly elected regional councillor, I have actively participated in all former Niagara Week delegations. Through the years, we have gained the trust and confidence of all party leaders and members as well as the senior staff at the province. This increased awareness of Niagara's needs and priorities will serve Niagarans well when the election is over and our annual Niagara Week delegation proceeds.

Brian Batty is a Niagara Regional Councillor for the Town of Pelham and a 10 year member of Team Niagara at Queen's Park. [brian.batty@niagararegion.ca](http://brian.batty@niagararegion.ca)

## Niagara journalists honoured

A photo of a girl struggling in agony during a race has earned St. Catharines Standard photographer Bob Tymczynszyn an Ontario Newspaper Award.

The annual awards, which were presented last Saturday in Hamilton, celebrated the province's best journalism from 2013.

"I'm thrilled for Bob for his well-deserved win," said Standard managing editor Erica Bajaj.

"His shot captured a great sports moment."

Tymczynszyn won in the sports photography under 25,000 circulation category.

He was also a finalist in the online video category along with reporter Cheryl Clark for

a video featuring a breast cancer survivor.

The Tribune was a finalist in the Design and Graphics under 25,000 circulation category for the following three front pages:

A mosaic of photos of longtime Welland MPP Peter Kormos the day of his memorial service; the debate over whether the Main Street Bridge towers should remain standing; and an aerial photo of Welland's roundabout on its opening.

Former Standard pagnator Brad Demers was also a finalist in the category.

Standard sports editor Bernie Puchalski was a finalist for sports writing in the Standard's circulation category and Dan Dinkin, former Standard reporter and Welland Tribune managing editor, was a finalist in

the social media category.

The Niagara Falls Review news team earned four ONA nominations.

"I'm very proud of all the nominees," Bajaj said.

"They show the hard work and dedication our journalists use every day."

Review photographer Mike DiBattista was a finalist in the spot news photography under 25,000 circulation category and the feature photography category.

Former Review reporter Matt Day, now a national online editor with Sun Media, was a finalist in the novice under 25,000 category.

Reporter John Law was a finalist in the arts and entertainment category.

# LOCAL NEWS

## Crossley tech students have skill

Students from schools across the District School Board of Niagara had the opportunity to represent their schools and test their skills at the DSBN Skills Challenge.

Students from E.L. Crossley rose to the challenges by entering the challenges, medalling in seven of them – a total of three bronze, three silver and five gold.

By participating in the challenges, students explored careers in the skilled trades and technologies by completing industry-related projects, using industry-standard equipment and adhering to industry regulations. Success in the challenges often translates into success in the workplace and post-secondary training, with many employers recognizing the accomplishments of medalists.

Gold medalists from the DSBN Skills Challenges advanced to the 25th Annual Ontario Technological Skills Competition, which is the largest skilled trades competition in Canada. It was held at Rim Park in Waterloo on May 6.

Gold medalists at the Ontario Technological Skills Competition became part of Team Ontario, and will have the opportunity to compete at the Skills Canada National Competition.

Gold medal winners were Julia Munroe for 2D animation, Janine VanOstrum for photography, Dana Ferri for 2D animation, Jessica Millar for job skills dem-



PHOTO PROVIDED

E.L. Crossley students bring home hardware from DSBN Skills Challenge. Back from left, Daniel McKay, Josh Loewen, Connor Wright, Elijah Stephens, Ian Hessels, Ben Rauh, Travis Gabryelski. Front, Isabel Fairfield, Julia Munroe, Janine VanOstrum, Dana Ferri, Jessica Millar.

onstration, Elijah Stephens and Ian Hessels for construction – team of two and Travis Gabryelski in electrical wiring.

Silver winners were Isabel Fairfield in 2D animation, Josh Loewen in 2D animation and Connor Wright in mechanical CAD. Bronze medal winners were Daniel McKay in small powered equipment, Loewen in electrical wiring, Ben Rauh in construction – team of two and Travis Gabryelski in construction – team of two.

**Get Your Mothers Day Gift at Gallaghers**

Farm Market & Garden Centre  
www.gallaghersfarmmarket.com

**LOCAL GREAT TASTING TOMATOES ARE BACK!**

**GARDENING**  
TOP SOIL  
PEAT MOSS  
TRIPLE MIX  
BOW MANURE

**SEED POTATOES**  
LAWN SEED  
ONION SETS  
VEGETABLE SEEDS

**MOTHERS DAY GIFTS**  
GIFT CERTIFICATE  
VARIETY OF FLOWERS  
MIXED PANS  
CUT FLOWER

**SPRING PLANTS**  
STRAWBERRY PLANTS  
RHODODENDRUM PLANTS  
TULIPS  
PHORAS

**BULK SOIL**  
\$40/YARD  
DELIVERY AVAILABLE

**SEASONED FIREWOOD AVAILABLE**  
346 HWY 20 WEST, Fonthill (Beside E.L. Crossley S.S.)  
905-892-0698 • OPEN 7 DAYS A WEEK • 8AM TO 8PM

A PLACE TO LIVE, WORK AND PLAY

**Downtown Welland**

PLEASE SUPPORT THE LOCAL MERCHANTS

*This Mothers Day*

TELL HER YOU APPRECIATE HER WITH THE GIFT OF RELAXATION

**PALAZZO**

*Salon & Spa*

1 HOUR AROMATHERAPY MASSAGE with SEAWEEF FACIAL...  
**\$128**

SPA MANICURE with HOT STONE PEDICURE...  
**\$80**

MANICURE & MAKEUP APPLICATION  
**\$50**

**OPEN**  
till 6 pm on Friday & Saturday till 4 pm  
Get your special Mom a Gift Certificate!

91 East Main Street  
**905-735-4025**

View all other spa packages & specials at [www.palazzosalon.com](http://www.palazzosalon.com)

**Besma Family Dental Centre**  
Dr. Rashid And Associates

[www.dentistwelland.com](http://www.dentistwelland.com)  
167 Riverside Drive, Welland  
**905 734 9214**

**HOSPITAL DENTAL CARE**  
with General Anaesthesia available, Covered by OHIP  
Call our office for details

*...Sleep Better*

Noninvasive treatment of Snoring and Sleep Apnea  
**myerson.com**  
Call our office for details. ...Sleep Better

**New Patients are always Welcome!**

**DIGITAL X-RAY**

Children Dentistry  
Cosmetic Dentistry  
Crowns & Bridges  
Hygiene Services  
Root Canal

Tooth Whitening  
Dental Surgery  
Sleep Apnea - Snoring  
Digital X-RAY  
Dental Surgery

Hospital Pivotalgus  
Dentures  
Implants  
Fillings  
Evening Office Hours



**FRESH      HOMEMADE      HANDMADE      MADE TO ORDER**



Traditional Rustic and Contemporary Italian prepared fresh daily, using the freshest and finest ingredients made with love just like his Nonna's and their mother's made for generations in Canada and Italy. Every meal on our menu is prepared fresh to order, never rushed and made with pride.

**COME BY AND SEE WHY WE WERE VOTED WELLAND TRIBUNE'S  
2014 READER'S CHOICE AWARD FOR BEST ITALIAN**



*Casual Dining with a "Polished Feel" – Reservations Recommended*

**Tues – Thurs 11:30 - 9:00pm Fri 11:30 - 11:00pm Sat 4:00 - 11:00pm Closed Monday**

**248 WELLINGTON ST, WELLAND ON      905-714-4417**

**DONMARCO'S**



## Dr. Kimberly Dobson



**SMILES WITH CARE**

**Book for a new patient exam and  
cleaning in the month of May  
and receive a**

**FREE ELECTRIC TOOTHBRUSH.**

**CALL TODAY TO BOOK YOUR APPOINTMENT**

**905-892-0004**

20 HWY 20. UNIT 13.

FONTHILL (In the Fonthill Plaza)

Visit us on line at [www.dentistryinthevillage.ca](http://www.dentistryinthevillage.ca)



**Zoom!**

**We Now Offer ZOOM In Office Whitening System**

**DON'T MISS THE SUMMER BLOCKBUSTER!**

**we'll entertain you**

**SUBSCRIBE TO 26 WEEKS OF DAILY HOME DELIVERY OF THE TRIBUNE**

**FOR \$3.83 PER WEEK**

**1.855.533.5594 QUOTE: NIGHTOUT**

**Don't Delay - Call Now**

**Great Escape Certificate!**

2 General Admissions  
2 Regular Fountain Drinks  
1 Regular Popcorn  
Approximate Value \$42.57

**49¢**

\*Offer good on all general admission (100¢ to 150¢) seats. Offer is available to customers who have not had tickets delivered in the past 30 days. This offer may be used only on the day of delivery. This offer is not available in the District of Columbia. The District of Columbia Certificate is valid only at general admission. Please allow 3-5 weeks for delivery of your District of Columbia Certificate. ©2007 Time Warner Entertainment Company, L.P. All other trademarks are the property of their respective owners.

# LOCAL NEWS

# Oh My Guts it's time for the Gutsy Walk

**MELISSA MANGELSEN**  
Pelham News Staff

It may be an uncomfortable subject to talk about, but it is an even more uncomfortable disease to have.

Ulcerative Colitis, along with Crohn's



## TEMPERATURES ARE RISING!

**CALL FOR A FREE ESTIMATE ON A  
FURNACE & AIR CONDITIONING PACKAGE**

**WE SERVICE  
ALL MAKES & MODELS**

- MAINTENANCE
- FURNACES
- AIR CONDITIONING



# BOB REID

**Heating & Air Conditioning**  
*Residential - Commercial*

**905-892-7787**

disease is under the umbrella of inflammatory bowel disease (IBD) and can dam-

Milka V. Santro, part of team Oh My Gut, is raising awareness and funds for Crohn's and Colitis Canada's 19th annual Gutsy Walk - a five-kilometre walk June 8 at Lock 3 Museum in St. Catharines.

"I was diagnosed with ulcerative colitis in 2009. Canada has the highest rates of IBD worldwide. They don't know what causes it, but stress is a big trigger that brings it on," said Santro.

Crohn's and colitis are lifelong diseases that have a devastating impact on quality of life, elevate the risk of colorectal cancer, and in the case of Crohn's disease, shorten life expectancy.

As part of her fundraising efforts Santoro has set up a raffle at Advanced Health Massage Therapy in Fonthill, where she works.

The raffle, which runs until May 31, includes more than 30 items including wine, candle holders, a yoga membership, pet grooming, house cleaning and barbecuing tools.

"I am so fortunate and blessed to work within a community that works together and is so personable," Santoro said of the support she has received.

She has been volunteering with Crohn's and Colitis Canada for four years.

"When I was diagnosed I became so ill I was hospitalized in Toronto for two weeks on and off for three months. This all came about as I had started my new career as a registered massage therapist. I thought my career was over," she said.

To give back and help the people who are still suffering, she got involved with the Gutsy Walk.

Money raised during the walks which take place in a different location across Canada, supports research and education and looks for a cure for Crohn's disease and ulcerative colitis.

melissa.mangelsen@sunmedia.ca  
Twitter: @tribunemelissa

The offer price of this promotion is \$99.75 (tax included). This offer is available to customers who have not had home delivery in the last 35 days. This offer must be paid for on card and at time of order. This offer is not available in all delivery areas. This offer is non-transferable. The Douglas Great Escape Certificate is valid with a prepaid order. Please call 1-800-368-1313 for more details. © 2004 Douglas Great Escape. All rights reserved.





pelham.ca | 20 Pelham Town Square, PO Box 400, Fonthill, ON | 905-892-2607 | 905-892-5055

## RECREATION PROGRAMS & CLASSES

### Zumba Classes @ Pelham Arena

Tuesday May 13 9:30 am - 10:30 am  
Wednesday May 14 7:30 pm - 8:30 pm

Tuesday May 13 7:00 pm - 8:00 pm  
Thursday May 15 10:00 am - 11:00 am

Drop in and try any session for \$6 or purchase your 10 + 2 bonus passes for \$60. For more information on any of the Zumba classes, please contact (905) 892-2607 ext. 329.

### Walking Club - Everyone is welcome! - May 13 & 15

Interested in walking in Pelham? Interested in joining a Walking Club? Then join us! Tuesdays at Pelham Arena from 9-10 am and Thursdays at Fonthill Bandshell from 9-10:30 am. For more information, please contact (905) 892-2607 ext. 329.

### Summer Programs - Aquatics & Summer Camps

Registration is now open for swimming lessons, Lifesaving Training Programs, the Pelham Penguins Swim Team and the Triathlon Club, Summer Day Camps, Playground Program, Specialty Camps: Bike Camp; Art Camp; Sports Camp; You're the Chef Camp. Registration forms are available at [pelham.ca](http://pelham.ca) and at Town Hall.

## COMMUNITY EVENTS & NEWS

**Downtown Master Plan for Fenwick and Fonthill - OPEN HOUSES** - Thursday May 8<sup>th</sup> from 2pm-4pm at Pelham Fire Station Two (766 Welland Road, Fenwick) and from 6:30pm-8:30pm at Pelham Fire Station One (177 Highway 20 West, Fonthill).

**Communities in Bloom - Spring Gardening Series with Karin Vermeer** - Thursday May 8<sup>th</sup> at 7pm. Topic: Container Gardening. Venue: Café on Main. **Only \$5.00 per session!** Registration and payment required in advance. Please contact the Town of Pelham at 905-892-2607 ext. 329 or [jcook@pelham.ca](mailto:jcook@pelham.ca).

**Pelham Art Festival** - Mother's Day Weekend (May 9, 10, 11) at the Pelham Arena (1120 Haist Street, Fonthill). Hours: Friday 7pm to 10pm, Saturday & Sunday 11am to 5pm. Proceeds benefit the Pelham Library System & Community Arts Projects. Visit [pelhamartfestival.com](http://pelhamartfestival.com) for info.

**E. L. Crossley eWaste Collection Fundraiser** - Saturday May 10<sup>th</sup> from 10am to 2pm at E.L. Crossley Secondary School (350 Highway 20, Fonthill, ON). Recycle your old electronics, such as batteries, cellphones, televisions, stereos, computers and accessories. Proceeds will help purchase a bottle filling station for the school's second floor. Contact 905-892-2635 for info.

**Rediscover Cycling - Course 1 - May 14; Course 2 - May 17** - If you are thinking about buying a bicycle, getting back into cycling or want to ride with greater confidence, you will benefit from one or both of these courses. Cost: \$20 plus HST per course; Bonus 1-year membership in the Niagara Freewheelers. More details at [pelham.ca/rediscover-cycling](http://pelham.ca/rediscover-cycling) or call 905-892-2607 ext. 329.

**Pelham Farmers' Market - May 1 until October 30 - Pelham Town Square - May 1 Market Bucks Winner: Liz Cardwell**  
Come out and meet your local market vendors and purchase food that is fresh, high in quality and the next best thing to harvesting it yourself. Every Thursday from May 1 to October 30, 4:30pm till dusk.

**Come Join Pelham's 2014 Heritage Tea Committee!** We are eager to have you share your talents and help us plan our annual Heritage Tea Celebration happening on Saturday, June 28, 2014. If interested, please contact 905-892-2607 ext. 329.

**Summerfest Vendor Applications** - It's time to start planning to "Chill on the Hill!" Vendor applications for Pelham Summerfest are now available at [pelhamsummerfest.ca](http://pelhamsummerfest.ca).

## PELHAM MAYOR'S GALA



### Pelham Mayor's Gala Tickets Now Available!

On Saturday, May 24<sup>th</sup>, 2014, Mayor Dave Augustyn and community volunteers will host the Sixth Annual Pelham Mayor's Gala at Lookout Point Golf & Country Club. Tickets are "NOW" available and sell out fast! Individual tickets are available for purchase at \$135 each. Partnerships are also available through the "NEW" Mayor's Gala Champions Program.

Please contact 905-892-2607 ext. 337 or [mtoscher@pelham.ca](mailto:mtoscher@pelham.ca).

www.pelhamnews.ca

## SAY GOODBYE TO... Your Unwanted Hair With LASER HAIR REMOVAL

**3 Treatments For Only \$99<sup>+HST</sup>**

Choose one from the following:

- Upper Lip
- Bikini Line
- Chin
- Neck
- Cheeks
- Underarms

Reg Price \$70 • \$100 per treatment

Hair Removal Treatment for the  
top of feet and toes included  
FREE with each \$99 package



Director of Aesthetic Services  
Celebrating over 20,000 procedures

**PROVISION**  
LASIK & CATARACT CENTRE

The way you want to SEE

lasikprovision.com 6800 Morrison St.  
**905.371.3217 or 1.888.510.2020**

**FERRELL FONTHILL DIVISION**  
BUILDERS' SUPPLY LTD. 2560 Hwy 20 East, Fonthill  
905-892-2694  
www.ferrellbrick.com

- Pavers
- Retaining Walls
- Armour Stone
- Moss Rock
- Kingston Hue Stone
- Random Flagstone
- Credit Valley Flagstone
- Square Cut Flagstone
- Ledgerock
- Landscaping Stone
- Decorative aggregates
- Mulch
- ... and much more

**57th**  
**ANNIVERSARY**  
**SALE EVENT**

**Monday, May 5th - Saturday, May 10th**  
**WEEK-LONG SALE**

**NEW**  
New Selling  
**TECHO-BLOC**

**TENT SALE!**

Clearouts, discontinued lines  
overstock specials .....  
and so much more

Refreshments on Saturday, May 10th

**AGL GRASS**  
Reg on-site

*Come in and see what's new!*  
Store Hours: Mon-Fri 7-5, Sat 8-2

## Art supports Pelham libraries



PHOTO PROVIDED

Heidi TeBrake, chair of the Pelham Art Festival, presented a cheque for \$10,000 to the Pelham Library. The annual donation from the Pelham Art Festival will be used to enhance programs and materials in Pelham libraries. The 28th Pelham Art Festival will place Mother's Day Weekend, May 9 to 11, at the Pelham Arena.

## Welland & District Humane Society UPCOMING EVENTS

Arthur Atwill Memorial  
**WOOF Golf Tournament**  
"SUSTAINING HIS DEDICATION TO THE ANIMALS"

Sunday, May 25<sup>th</sup>  
Whisky Run, Port Colborne  
Carts for both 9 and 18 holes,  
awards, delicious dinner,  
... a swingin' good time!

**Cruise Nights at Seaway Mall**  
"CRUISE ON OVER TO ENJOY THE CLASSIC CARS  
AND SUPPORT ANIMAL WELFARE"

May 2<sup>nd</sup> to September 19<sup>th</sup>  
Every Friday evening  
weather permitting

**PAWSitive Action Walkathon**  
"MAKING THE WORLD A BETTER PLACE FOR  
THE ANIMALS, ONE STEP AT A TIME"

Sunday, June 8<sup>th</sup>

All proceeds will go to the Emergency Animal  
Relief Fund to provide emergency care and/or  
medical treatment for homeless animals.

**PRIZES, HANDOUTS, FUN CONTESTS**

Pledge sheets are available at the WDHS and online.  
Please join us ... together we will make a difference!

**905-735-1552**

■ **OUTLOOK COLLECTION:** Work goes on around the clock after weather slowed construction

# Mall abuzz as opening day nears

DOM FRASER  
QMI Agency Niagara

Think of the Outlet Collection at Niagara as a metacretack-like retail giant.

In a tour Tuesday, the mega-mall shows itself as a semi-circular community of 102 retailers in what will be Canada's largest open-air outlet shopping centre.

Long walkway concourses are sheltered by arching canopies, as contractors and workers cover off shifts 24/7 as the final pieces come together with the clock ticking toward opening day.

The Taylor Rd. complex in Niagara-on-the-Lake will open May 15 and find in several first-in-Canada outlets, including a Bass Pro Shops Outpost store that has an October start date. Other stores include Adidas, American Eagle, Brooks Brothers, Guess and Izod.

It includes a food court pavilion called The Eatery and an event area for a farmers' market and a community gathering place.

The \$178-million shopping centre will add close to 1,500 full- and part-time retail jobs, with hundreds more temporary construction and contractor jobs involved.

"We liked the location, with excellent visibility to the QEW," said mall general manager Bri-Ann Stuart, in an interview during the tour.

"We also liked the climate. It's warmer than some other properties and areas where you could build a shopping centre," Stuart said of the site's attractiveness to the builder. "And it's also the tourism here, Niagara does a great job (at it)."

Stuart said interest shown by job applicants has been impressive. A job fair in March attracted 4,000 people.

David Baffa, a senior vice-president of retail development for developer Ivanhoe Cambridge, said his company's intention was to "raise this experience a bit better" at the 520,000-square-foot facility.

"We noticed some examples of outlet shopping (in Canada and internationally) ... and we decided Canadians expect a little more. So we paid attention to more to architectural details," he said.

Those features include stone bases, wood laminate flooring throughout the complex and corridors with wide views and well-appointed washrooms.

A Food Truck Friday event will be launched in June, and Peller Estates Winery will have a retail location at the Outlet Collection.

Baffa also emphasized the importance of tourism for his business, pointing out the region gets about one million overnight stays annually.

"They're coming to enjoy ... the whole tourism day of the region, and we're going to be part of that," he said.

He also spoke about competition from Niagara Falls malls and outlet centres on both sides of the border, as well as an extensive local retail presence.

"We believe the majority of our traffic is going to come from the Toronto and Niagara region," Baffa said.

"We're really not counting on cross-border shopping impacting (us) ... we always ventured out on this as a standalone."

Tough weather conditions have been the wild card since construction started in fall 2012.

Bruce Melnyk, the site superintendent of builder PCL Construction, revealed four weather days have cost about 100 days of work so far.

"We haven't taken a day off since Christmas," he said.

Happy Mother's Day

28 Years  
of serving the Niagara Area

MOLLY MAID

We'll clean your home from top to bottom  
with your individual needs in mind.

905-384-2824 • 905-788-3790

Mother's Day Brunch

OMELET BAR,  
CARVING STATION,  
COCKTAIL SHRIMP,  
12 HOT ITEMS  
SALAD BAR,  
WAFFLE BAR,  
DESSERT BAR

SERVING 10:30 AM - 2:30 PM \$24.50

THE URBAN

STEAKHOUSE & LOUNGE  
LEGENDARY STEAKS, SEAFOOD & SERVICE  
LUNCH Mon. to Fri. DINNER Mon. to Sat.  
200 Hwy 20 East • Fonthill  
905.942.3322



Richard Brown  
SALES REPRESENTATIVE

ROYAL LEPAGE

Niagara Real Estate Centre

Business Information Dept. 1-800-363-8800

Office: 905-892-0222

Cell: 905-651-5143

rbrown@royallepage.ca

www.homesniagara.com

637 Niagara St., Unit 2 Welland, Ontario

"Selling Throughout Niagara"



RBC Financial Planning



Ian McCall, PFP  
Financial Planner  
289-213-3779  
ian.mccall@rbcc.com

Define Retirement Your Way.  
Start the Conversation Today.

Advice you can bank on™

Financial planning services and investment advice are provided by Royal Mutual Funds Inc. (RMFI), RMFI, RBC Global Asset Management Inc., Royal Bank of Canada, Royal Trust Corporation of Canada and The Royal Trust Company are separate corporate entities which are affiliated, RMFI is licensed as a financial services firm in the province of Quebec. © 2013 Trademark(s) of Royal Bank of Canada, RBC and Royal Bank are registered trademarks of Royal Bank of Canada, 201311 Royal Bank of Canada. Used under license.

## International Country Club

www.niagaragolfcc.com

27 Holes - New Club House and Carts

May Spring Special - Golf and Ride

Weekday \$30.00 + tax - Weekend \$35.00 + tax

MONDAY - Senior Monday's (50+) \$30.00 + tax - includes cart  
TUESDAY - 2 for 1 Tuesday's - Cart Mandatory  
WEDNESDAY - Twilight Wednesday's - Twilight pricing begins at noon  
THURSDAY - Hospitality Thursday Golf, cart and pint \$35.00 + tax

Men's stag night and Ladies League for info call pro shop

INTERNATIONAL COUNTRY CLUB OF NIAGARA

2900 COLLEGE ROAD, STEVENSVILLE, ON L0S 1S0 • PHONE: 905-382-2000



GREAT  
MEMBERSHIP  
DEALS

STARTING FROM

\$675.00+tax

www.pelhamnews.ca



# Congratulations

25 Years of Service

On behalf of David Chevrolet Buick GMC, I would like to extend a heartfelt congratulations from my wife Sherry and myself to John, Eileen and Greg for 25 years of loyal service and a thank you for their many achievements.

John, Eileen and Greg have been an inspiration to the entire team with their unwavering commitments to the needs of David Chevrolet Buick GMC's valued customers.

Their contributions and skills have always been appreciated throughout the years which has added to the success of the company.

Once again congratulations guys and a big thank you to all!



**JOHN MORCONE**  
Sales Manager



**EILEEN MANCUSO**  
Comptroller



**GREG SIMS**  
General Service Manager

**David D'Amico**  
President

## Prescription Drug Drop-Off

Saturday, May 10, 2014



For more information, visit:  
[www.niagararegion.ca/health](http://www.niagararegion.ca/health)

Niagara Region



ONTARIO  
PHARMACISTS  
ASSOCIATION  
Advancing Excellence  
in Practice and Care



**COMMISSO'S**  
FRESH FOODS

HAPPY  
*Mother's Day*

**CUBAN**

**Wild Rock  
Lobster Tails**

**14<sup>99</sup>**  
7-Boz.

Rosenberg  
**Blue Cheese  
Slices or Wedges**  
Extra Creamy or Mellow™

**349**  
125-190g



Fresh  
**Blueberries**  
Product of USA

**1<sup>99</sup>**  
6oz.



**ORGANIC**

Organic Girl  
**Salad  
Blends**  
Product of USA

**2<sup>99</sup>**  
5oz.

**SAVE \$2.00**

Washed 3 times,  
ready to eat!



Regina Molisana  
**Passata**

**.99**  
680ml



La Molisana  
**Pasta**  
Assorted Varieties

**.99**  
450g



Colavita  
**Extra Virgin  
Olive Oil**

**8<sup>99</sup>**  
1L



Fresh Air Chilled,  
**Boneless Skinless  
Chicken Breasts**  
Family Pack

**3<sup>99</sup>**  
8.80/kg



Fresh  
**Capped Prime Rib  
Grilling Steaks**  
Family Pack

**7<sup>99</sup>**  
17.61/kg



JM Schneider  
**100% All Beef  
Wieners**

**249**  
375g



Lays  
**Potato Chips**  
Assorted Varieties

**2/5**  
270g  
FAMILY SIZE



Coke, Diet Coke  
or Gingerale

**3/9<sup>99</sup>**  
12x355ml

Sale prices in effect Friday May 9 through Thursday May 15, 2014

FRI	SAT	SUN	MON	TUE	WED	THU
9	10	11	12	13	14	15

6161 Thorold Stone Rd., Niagara Falls, ON  
Mon-Fri 7am-9pm • Sat 7am-8pm • Sun 8am to 7pm

**Want to see even more savings?**  
Visit [CommissosFreshFoods.com](http://CommissosFreshFoods.com)  
and click on the flyer icon to  
see all of our weekly specials!





■ **PROVINCIAL ELECTION:** Many readers tell us they're disillusioned with current political landscape

## Tired of party politics, social media poll shows

KARENIA WALTER  
QMI Agency Niagara

We don't know which party is going to win the Ontario

election on June 12, but we know we won't like the results.

It appears Niagara residents are fed up with party politics as we enter the first week of a provincial election campaign on Wednesday.

QMI Agency Niagara asked readers on social media who they'll vote for in the upcoming provincial election and got a mixed bag of results, with many saying none of the parties are up to snuff.

Overwhelmingly, readers said they were unhappy and disillusioned with the current political landscape. And they felt politicians and their parties don't care if they represent their needs.

If the informal social media chat is any indication, candidates are going to have to make an all-out effort to convince Niagarans to vote for them. Even then, citizens will likely mark their ballots begrudgingly.

We also asked online readers in a week-end poll which of the three main parties they would vote for, without giving any other ballot choices. Of the over 800 responses, the NDP and Conservatives came out neck-and-neck with the Liberals trailing far behind.

The NDP received 43% of the poll votes while the Progressive Conservatives had 42%. The Liberals received 15% of the poll responses.

Here are some of the comments readers made on the Welland Tribune, St. Catharines Standard and Niagara Falls Review Facebook pages.

### Do you think calling an Ontario election is necessary?

**Bret Kinghorn:** We don't need an early election. We need our politicians to stop acting like children and work together.

**Thom Genders:** Another blatant waste of taxpayers money that could be better spent on our failing infrastructure.

**Mike Stevens:** Yes it was necessary, the Liberal party has done enough story telling and tripping off the people it is time we sent them packing.

**Brenda Arndt:** No, an Ontario election was not necessary. The gas plant fiasco was a big mistake, the Liberals have accepted the responsibility, action has been taken, they have apologized, and it is history. This budget is exactly what Ontario needs, the NDP would have put forth something similar.

**Leigh Campbell Blakeley:** It was absolutely unnecessary! The people of Ontario gave us three leaders a message when a minority government was elected. That message was 'get along!' Hudak took his ball and went home, before he even heard what was in the budget, and Horwath wouldn't even set demands. All 3 need to take a visit to my classroom to learn about getting along, not being a bully and playing nice!

### What is your top issue?

**John Burt Anger:** Managing money is my biggest issue. But no matter who wins they should get finances in order before embarking on any new initiatives. But they won't.

**Treene Carr:** My top issue is the eradication of breed specific legislation in the dog owners liability act. I cannot support a political party that fully supported killing dogs based on the shape they were born.

### Who are you voting for and why?

**Brian Topolinski:** Doesn't matter who you vote for, they will all just continue to line their pockets on our tax dollars, put in their time and get their pension. Who really cares about the rest of us?

**Blake Landry:** Too bad there aren't any parties or candidates that I can vote for. I will be showing up to the polls to register a 'decline' vote because none of the provincial parties currently deserve a vote in their favour.

**Mary Jane Michikis-Rosen:** Very hard to decide who to cast your ballot for. Upset with the waste of money the Liberals have spent, do not trust Hudak and very frightened of the NDP. Let's not forget what the NDP leadership did the last time they were in power, remember Rae Dayst? Hudak makes lots of promises about new jobs! The government missed that boat when all our factories moved, we now rely on foreign jobs to supply our canned goods, clothing etc. So sad for our future!

**Nancy Handrahan:** Only the faces change!

**Joe Bortelli:** What we need even more than a provincial election is a new provincial party. Look at the turnout for the last election in Ontario. If a new party -- with no baggage, as such -- came along borrowing from the other three parties, it would attract a lot of attention, and support.

**Ian Gollert:** Regardless of the winning party, a minority government will most likely arise. At least this will help to provide some small measure of accountability.

**Brian Tibbels:** I am in agreement with it's time for a change in this province politically. If only all politicians -- federal and provincial would realize they are elected to serve the constituents, we are their employers not the other way around. It is our hard earned dollars they throw haphazardly to the wind then expect us to bail them out of their folly. Perhaps it is time for a new party to be formed, one with our interest on their formal and not the old thinking and putting in the required number of years enabling to reach with a fat pension for really accomplishing little or nothing progressive for the Province or the Country.

**Sheila Stewart:** I do not want Tim Hudak as premier. Let Wynne have a majority government. She is on the right track.

**Ray Vachon:** The Liberals have destroyed this province. It may never recover in our lifetime. I'll be voting Conservative because our province simply cannot afford socialism right now. It's time to recover, and recovery is never pleasant but it needs to happen.

**LOOK IN THURSDAY'S PAPER FOR YOUR M&M FLYER!**

**JOIN US ON SATURDAY, MAY 10, 2014 FROM 10 AM - 4 PM**  
 For our Annual Charity BBQ at all M&M Meat Shops Locations.



**Charity BBQ DAY**



A minimum \$3 donation gets you a hot dog or hamburger, a drink and 2 bags of chips.

**KABOBS**

• Choose from 5 varieties  
128 g/4.5 oz Solid Individually Individual Sale MAX 2.49  
Reg. Price 2.99

**BUY 4 OR MORE FOR ONLY**

**179¢** each

**SAVE \$120**

**BBQ SEASON'S BEST PRICE!**



Thank you to our sponsors

**FULLY COOKED LOUISIANA STYLE CHICKEN WINGS**

20-26 PIECES 907 g/2 lb

**899¢**

**SAVE \$7**



**ONE DAY ONLY!**

**BONELESS CHICKEN BREASTS SEASONED & SKINLESS**

8-12 PORTIONS 1.36 kg/3 lb

**1299¢**

**SAVE \$7**



LIMIT OF 3 PER CUSTOMER

ALL PRICES IN EFFECT FRIDAY, MAY 9 UNTIL THURSDAY, MAY 15 2014 UNLESS OTHERWISE STATED.

St. Catharines 210 Glendale Ave. 905-682-3121

Niagara Falls 6225 Thorold Stone Rd. 905-354-0198

St. Catharines 353 Lake St. 905-646-8812

Fonthill 20 Hwy 20 E. 905-682-4765

St. Catharines 100 Fourth Ave. 905-682-8328

Welland 30 Rice Rd. 905-735-6819

Visit [mmmeatshops.com](http://mmmeatshops.com) for individual store hours.



## Looking for Golf Instruction?

From beginners to advanced players, juniors to adults, First Swing Golf is your first choice for lessons! Based out of Lookout Point Country Club, Zac Henderson (PGA of Canada Class "A" Professional) can get your game into shape!

Visit [www.firstswinggolf.ca](http://www.firstswinggolf.ca) for more details.  
Call or email us at: 905-380-1908 • [Zac@firstswinggolf.ca](mailto:Zac@firstswinggolf.ca)

# LOCAL NEWS

## Spring is here - Farmers' Market gets underway



PHOTO PROVIDED

The Pelham Farmers' Market was back in full tilt last weekend with 99-year-old Ivor McCarthy cutting the burlap ribbon to open the market May 1. Fred Arbour and Roxanne Bowman from the Farmers Market committee were also part of the ceremonial ribbon cutting.

## The Original CLARE'S

CLARE'S CYCLE & SPORTS LTD.  
789 HWY. 20 W. FENWICK, ONT. L3R 9V6 WWW.CLARESCYCLE.COM

**\*GENERATORS, LAWN MOWERS,  
TILLERS & WATER PUMPS.  
WE'RE READY FOR THE SPRING THAW**

CLARE'S CYCLE & SPORTS LTD.

789 HWY #20 W Fenwick, ON L3R 9V6 905-852-1100  
www.clarescycle.com



**THERE'S A HONDA  
FOR EVERY SEASON**

**HONDA**  
Power  
Equipment

Apply For  
A DAVID CARD & Receive  
**6 MONTH  
NO PAYMENTS**  
Check out at the dealer



**Hurry In!  
SPRING SPECIAL  
ENDS MAY 31/14**

**GET READY FOR THE ROAD!**  
With Factory Certified Service At Aftermarket Prices!

### CERTIFIED SERVICE

- \*LUBE, Oil & Filter Change
- \*TIRE Rotation
- \*COMPLETE Maintenance Inspection
- With Written Report

### MAINTENANCE PACKAGE.

ONLY

**\$69.95**

Reg \$89.95 plus tax

**GREAT VALUE**  
Includes 20% Off For Return  
Model Vehicle

(synthetic oil & fluids extra)  
(Expires May 31/14)

### COOLANT FLUSH

**ONLY**  
**PREVENT  
OVER  
HEATING**

**\$89.95**

Reg \$114.95 plus tax

(expires May 31/14)

\*FLUSH Radiator Fluid With Fresh Fluid. Includes  
Fluid Conditioner

WITH ANY 4 TIRES PURCHASED RECEIVE  
1 FREE SEASON OF TIRE STORAGE  
(\$29.95 value) &

**SAVE 20% OFF**  
4 Wheel Alignment

(Expires May 31/14)

**PURCHASE ANY WIPER BLADE RECEIVE  
2ND WIPER BLADE  
FREE**

(Expires May 31/14) (OEM/AC Delco)

### TRANSMISSION FLUSH

**ONLY**

**KEEP YOUR  
SHIFTS  
SMOOTH**

**\$139.95**

plus tax

(expires May 31/14)

\*FLUSH Transmission Fluid With Fresh Fluid.

### PRE-PAY & SAVE!

Purchase 4 LOF's &

**SAVE \$40** Plus receive  
5th FREE

(Expires May 31/14)

### SAVE EVEN MORE! PRE-PAY & SAVE!

Purchase 4 LOF's & 4 Tire Rotates &  
**SAVE \$79.90** Plus receive  
5th LOF FREE

(Expires May 31/14)

### DO YOU KNOW?

Your 2011 or newer GM vehicle requires special oil?  
Do not take a chance with your warranty by using the wrong oils.  
BRING YOUR VEHICLE TO THE EXPERTS AT DAVIDS

### OUR SERVICE DEPT

Has 13 GM Trained Technicians & 7 GM Grand  
2 Master Technicians All Ready To Serve You!



Voted  
#1 by Tribune  
Readers

**Like Never Before!**  
Voted #1 by Tribune Readers

**915 Niagara Street,  
Welland**

ph. 905-735-5230  
or 905-735-5630

email: info@davidchev.com  
www.davidchev.com  
www.davidchevpreowned.com

# LOCAL NEWS

## ■ HEALTH

### Cancer list expanded for firefighters

TONY RICCIUTO  
QMI Agency Niagara

Ontario's firefighters now have a bit more protection and support when it comes to work-related diseases.

The provincial government has added six cancers to a list of those presumed to be related to their work.

That change will make it easier for firefighters to qualify for benefits by reversing the burden of proof for those seeking coverage under the Workplace Safety and Insurance Act.

"We have been lobbying the provincial government for some time on this," said Todd Brunning, president of the Niagara Falls Professional Firefighters Association. "With this new announcement, it's nice to know that when our firefighters are out protecting the public, they are protected themselves from the different elements that they are exposed to through their occupation."

In 2007, the Ontario government added eight cancers to the presumed list of diseases that are work-related: brain cancer, bladder cancer, kidney cancer, colorectal cancer, non-Hodgkin's lymphoma, certain types of leukemia, esophageal cancer and uterine cancer.

"Unfortunately for those who have contracted these different occupational illnesses or diseases, they can concentrate on their treatment and getting better rather than concentrating on proving that they got it through their occupation," said Brunning.

Breast cancer, multiple myeloma

and testicular cancer will be added to the list immediately.

Prostate cancer, lung cancer and skin cancer will be phased in by 2017.

Ryan Madill, president of the St. Catharines Professional Firefighters Association, said it's unfortunate, but statistics show that firefighters from not only Ontario but across the country are getting cancer in higher numbers than the general population and also at a younger age.

"Even though we are using better safety equipment, better breathing apparatus and we have procedures in place to clean our gear, the contents in the buildings now are a lot more toxic and have a lot more carcinogens in them than 20 or 30 years ago," said Madill.

"We are really happy with this announcement and it will go a long way to helping firefighters to deal with occupational-related cancers."

Ontario Premier Kathleen Wynne said firefighters face dangerous situations every day and the risks are both immediate and long-term.

"While we can never fully remove these dangers, we can, as a government, ensure firefighters have access to the highest quality of care and support," said Wynne.

The extension of presumptive status for the six additional cancers will be retroactive to Jan. 1, 1960, and apply to full-time, part-time and volunteer firefighters and fire investigators.

tony.ricciuto@sunmedia.ca

## FABRICLAND

CANADA'S LARGEST FASHION FABRIC DISTRIBUTOR

www.fabriclandwestern.com

### MEMBERS MADNESS

THURSDAY MAY 8 - SUNDAY MAY 11, 2014  
PREMIERE MEMBERSHIP CARD HOLDERS ONLY

## 50% OFF

REGULAR PRICED MERCHANDISE\*

WITH YOUR VALID PREMIERE MEMBERSHIP CARD  
SEE IN STORE FOR FURTHER DETAILS

NOT A PREMIERE MEMBER YET? VISIT ONE OF OUR 6 CONVENIENT  
LOCATION TO GET YOUR CARD TODAY TO TAKE ADVANTAGE OF THIS SALE

\*SALE PRICES GOOD ON SELECTED REGULAR PRICED IN STOCK MERCHANDISE ONLY. NO SPECIAL ORDERS. NOT VALID ON PROMO ITEMS, ENDS, BOOKS, YARN, PATTERNS, IRONS, SEWING TABLES & MACHINES, FOAM, 2 PACK DRAPEY PANELS, CUSTOM DRAPEY LABOUR, GIFT CERTIFICATION. DISCOUNTS APPLY TO OUR EVERYDAY CHAIN STORE PRICES. NOT SALE, PROMOTIONAL OR COMPETITIVE PRICES. OFFER NOT VALID ON PREVIOUS PURCHASES.

MOTHERS DAY SPECIALS FOR ALL CUSTOMERS

- DRESS FORMS
- SEWING KITS & ORGANIZERS
- QUILTING CUTTERS, MATS & RULERS
- SCISSORS

## 50% OFF

OUR REGULAR PRICE - IN STOCK ITEMS ONLY

BROTHER SEWING MACHINES

MACHINE MODEL CE5500

SALE \$219.99 REG. \$259.99

SERGER MODEL 3034D

SALE \$349.99 REG. \$399.99

## FABRICLAND

Store Hours:

Mon-Fri 9-9 • Sat 9-6 Sun 12-5

MOUNT CARMEL CENTRE  
3770 Montrose Rd., Niagara Falls

354-7117

575 WELAND AVE., St. Catharines

685-6595

www.fabriclandwestern.com

34 DOUGLAS AVE., Welland

734-3836

Colourful, Vibrant  
Fresh Annuals,  
Vegetables,  
Perennials  
&  
Hanging  
Baskets  
Have Arrived!



## Happy Mother's From Your Friends At

### GREAT GIFTS FOR MOM

## 20% OFF

- Stained Glass • Bird Feeders
- Concrete Statuary • Wind Chimes • Candles



Charity BBQ in support of the Salvation Army  
Saturday, May 10 11AM - 3PM



**Garden Centre**  
and  
**Gift Store**

www.paulsgardencentre.com • NEW HOURS Mon - Sat 8AM - 8PM, Sun 9AM-5PM • 103 Shaw St. Welland (Corner of Prince Charles) • 905.732.5123

## ■ DOOR-TO-DOOR SCAMS

## Spring brings more than flowers, Niagara police warn

**BILL SAWCHUK**  
QMI Agency Niagara

Along with flowers and warm temperatures, the spring sunshine can bring a flood of pushy door-to-door salespeople.

While many legitimate businesses offer services door to door, there are also fraudsters that prey on homeowners, Niagara Regional Police warn.

Renovation projects and outdoor repairs are favourite targets.

David Ledwin, who lives in central St. Catharines, recently had an experience with a door-to-door salesman he found unsettling.

He said an individual arrived at his door and insisted on entering his home to inspect his hot water tank. Ledwin hadn't heard of the business. After telling the salesman to leave, Ledwin checked the Internet and was unable to find any information on the company.

"These people came to our door twice in three days," he said. "I told them I wasn't interested the first time. They came back a second time. They were a little pushy."

"It struck me as strange. I told them to go away. But suppose it was an elderly person answering the door? Who knows what they are looking for once they get in? It gives them the opportunity to look around, and that worries me. There are a lot of elderly people in my neighbourhood."

Reputable companies provide written estimates, contracts and references and give homeowners time to make an informed decision, police said.

In Ontario, any job valued at more than \$50 requires a written contract.

"Warm weather brings with it more con artists who prey on homeowners, especially senior citizens," said Const. Derek Watson of the Niagara Regional Police.

"In general, it is probably a good idea to refuse to respond to any offer that arrives unannounced whether by phone, mailbox or front door. Tell the salesperson that you want to check it out and ask the full name, address and phone number of the business. If he or she refuses to provide the information or insists on an immediate decision, close the door."

"Any legitimate company that wants your business will be more than willing to allow you the time to check them out."

Often, homeowners are approached by individuals "who happen to be working in the neighbourhood," and have material or equipment available and offer to do the job at a reduced cost or for a cash payment, the police said.

They then do shoddy work, if they show up at all.

In some cases involving elderly victims, scammers find other "problems" that need repair and will return several times using the same ploy.

"I am six-foot-eight, but if you have a 90-year-old woman and there is a six-foot gentleman with 10 and a clipboard, they are probably going to let them in," Ledwin said.

"I think a good rule of thumb with the elderly is to get your children involved. With me, if I have a serious problem, I go to my local MPP, I go to the Better Business Bureau. "If it doesn't feel right, question it. If it is too good to be true, it probably is."

## KID'S HELP PHONE



FREE EMERGENCY CALL

1-800-668-6868

TOLL FREE 24 HOURS A DAY

RUNAWAY, SICK, IN DANGER,  
IN TROUBLECOME OUT  
AND CATCH  
THE FUN!!FINAL SOFTBALL REGISTRATION  
ST. CATHARINES LADIES SOFTBALL LEAGUE

LEARN TO PLAY	4 - 6
MITE	7 - 9
SQUIRT	10 - 12
NOVICE	13 - 16
BANTAM/MIDGET	17 - 19
LADIES	19 +

DEADLINE TO REGISTER IS MAY 10<sup>TH</sup>Teams will be formed May 15<sup>TH</sup>

CALL KELLY CAMPBELL @905-892-8828 SIGN UP TODAY!

WE NEED COACHES, ASSISTANTS, UMPIRES AND VOLUNTEERS!

REGISTRATION FORM AVAILABLE ONLINE

WWW.SOFTBALLSTCATHARINES.CA

2014  
Membership Specials  
Limited Time OfferMONDAY-THURSDAY  
MEMBERSHIP

(including bridge)

\$599 OR \$1000\*

\*WITH SHARED POWER CART

+ tax

7 DAYS UNRESTRICTED  
MEMBERSHIP

\$1250 OR \$1500\*

\*WITH SHARED POWER CART

+ tax

MONTHLY  
MEMBERSHIP

\$200 OR \$300\*

\*WITH SHARED POWER CART

+ tax per month

Other memberships also available. Call us today for more information. 905-735-6768

Pelham Hills Golf Club

196 Webber Road, Pelham, Ontario • 905-735-6768 • www.pelhamhills.ca







# PELHAM DATEBOOK

JOIN TODAY FOR OUR

## BEST OFFER OF THE SEASON!

Our weight loss system combines:

- Unlimited one-on-one personal coaching
- Exclusive natural health products
- Real food from your grocery store



before

Jen lost  
**32lbs\***



CALL OR VISIT US ONLINE  
TO BOOK YOUR  
**FREE CONSULTATION**

**Lose weight guaranteed.**

**Pelham**  
121 Highway 20 E  
905-892-8545

HerbalMagic.ca

/HerbalMagic /HerbalMagic /HerbalMagicTV

**Herbal Magic**  
WEIGHT LOSS CENTRES

\*As our clients vary, so do their results. †See in-centre for details. Certain conditions apply.

**MAY 9, 10, 11**

### PELHAM ART FESTIVAL

takes place at Pelham Arena on Halst St., Fonthill, Friday 7 p.m. to 10 p.m., and Saturday and Sunday 11 a.m. to 5 p.m. For more details, visit [www.pelhamartfestival.com](http://www.pelhamartfestival.com).

**MAY 10**

### CENOTAPH WALKATHON

hosted by Wainfleet Lions Club starts 9:30 a.m. at the Wainfleet Firefighters Memorial Hall. Pledge sheets are available at the township office, Wainfleet-Avalonide Donut Diner, Jackson's Auto Body and Wellandport Home Hardware & Farm Supply Store. For more information, contact the Lions Clubs' Martin VanGool at 905-835-8423 or

George DeRuyte at 289-820-6163.

**MAY 12**

### EMPLOYMENT HELP

Learn about the Second Career program. Presented by Niagara College Employment and Training Solutions, at Pelham Public Library 2 p.m. to 4 p.m. Free. Register ahead at 905-892-6443.

### AUTHOR VISIT

Welland writer Ron Schaffrick, nominated for the Journey Prize, talks about interpreters, a collection of loosely linked short stories set in both Korea and Canada, during his 7:30 p.m. appearance at Pelham Public Library. Cost \$5. Register in advance.

Continued on next page



**WANT YOUR NON-PROFIT  
EVENT INCLUDED?**

**SEND US YOUR INFO**

Submit by e-mail to  
[wtrb.datebook@sunmedia.ca](mailto:wtrb.datebook@sunmedia.ca).  
Do not send attachments.  
Full listings online under Life.

# SUMMER CIRCUS

## SPECTACULAR

**Admission**

Adults	Price
Children (12 years and under)	\$20*
Less than 2 years old*	\$10*

\*Based on ticket's face value.

\*Proof of age required.

\*Program subject to change without prior notice.

**Price**

**SUNDAY  
JUNE 1, 2014**

**WELLAND  
MAIN ARENA**

**2 Shows:**  
1:00 PM and 4:00 PM

**Tickets on sale**

Money Mail: Cash/Debit/Visa/MasterCard/Amex/Discover

Location	Phone
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700
1001 Highway 20 North, Welland	800-795-1700

**ticketmaster**

1-800-477-0777

www.ticketmaster.ca



## From previous pages

## MAY 15

## CANADIANS IN NORMANDY

On June 6, 1944, American, British and Canadian troops landed in Normandy to begin the campaign that liberated Europe from Nazi tyranny. At Juno, the Canadians broke through the Atlantic wall and advanced inland in one of the great success stories of D-Day. Their defence of the bridgehead against counter attack was an epoch achievement. This

illustrated talk by Terry Copp, author of *Fields of Fire: The Canadians in Normandy*, will engage everyone. Sponsored by Royal Canadian Legion Branch 613 and Pelham Public Library, it takes place at the legion hall, 141 Hwy. 20 E., at 2 p.m. Tickets are \$4 (veterans free), available from the library or legion.

## MAY 16

## CRAFTING EXCHANGE

The popular "yarn exchange" at Pelham Public Library has been expanded to include all kinds

of crafts. Bring your yarn, needles, hooks; scrapbooking, stamping and beading supplies; fabric, etc. and Trade for something you can use. All leftovers will be used for library programs or donated to a non-profit. Bring your portable craft and stay for TGIF

Crafting Afternoon 1 p.m. to 3:30 p.m.  
Cost \$2

## ROBERT WOOD SINGERS

presents its spring concert Remember When, 7:30 p.m. at Fonthill United Church, With Andrew Carruthers

directing and Darlene Oord at piano, join us as we celebrate the music of the '50s and '60s. Tickets are available at The Log Cabin, Games-A-Lot (Seaway Mall) and Ryerson's Music in St. Catharines. Cost: \$15 for adults and \$8 for children 12 and under.



AARON BOGGIO  
R.Ph. B.Sc. PHM



Ask Our

Pharmacists  
DRUGS AND ALCOHOL



RON PARTON  
R.Ph. B.Sc. PHM

Unfortunately mixing alcohol with certain types of prescription medications can be dangerous. Alcohol can increase the risk of severe CNS depression when taken with opioids, benzodiazepines and barbiturates. Alcohol can also affect drug metabolism (breakdown to active components), or the absorption of some drugs. Chronic alcohol intake can also cause problems with certain medications because of the effect it has on the liver and specific drug metabolizing enzymes.

Chronic alcohol use increases acetaminophen (TYLENOL) metabolism increasing its conversion to metabolites toxic to the liver. It is always best not to exceed four grams of acetaminophen a day, especially if you are a heavy or binge drinker because of the damage it can do to your liver.

Chronic alcohol use along with NSAIDs (Ibuprofen) or aspirin can increase the risk of GI bleeds. However, an occasional drink with NSAID use is not likely an issue.

If you are a patient on warfarin alcohol can inhibit warfarin metabolism and increase your INR. If you change your usual alcohol intake you should have your INR checked.

Certain antibiotics, and in particular metronidazole, has the potential when mixed with alcohol to make people quite ill. When taken together a patient may experience low blood pressure, shortness of breath, facial flushing, and nausea.

Diabetic patients taking hypoglycemics such as GLYBURIDE or insulin are at risk of severe hypoglycemia (low blood sugar) when they drink alcohol. These patients should limit alcohol to an occasional single drink.

Any patient on medication for sleeping should be careful of alcohol consumption because of the additive effects of drowsiness and respiratory depression. Patients have been known to aspirate their own vomit and die from intoxication. This could be more likely to happen if a person mixes alcohol with their sleep medication.

This same problem could exist when patients mix alcohol and opiates.

It is always wise to consult your pharmacist or physician if you receive a new prescription and intend to have a few alcoholic beverages. Also please notify your physician or pharmacist if you are a chronic drinker. Even if you are not planning to drink while taking your prescription previous liver damage could affect how well you metabolize your medication. This could result in too high, or too low a dose for you.

**BOGGIO & PARTON PHARMACY**

155 Hwy. 20 W, Fonthill

**905-892-4994**

[www.boggios.com](http://www.boggios.com)

# Be up to speed on local news 24/7



With The Tribune e-edition, you can read The Tribune online in its true printed format anywhere in the world.

The e-edition is enhanced with the latest digital tools, including RSS feeds, social networking, blogging and much more.

**THE TRIBUNE** eedition  
\$3.99 monthly rate \$23.94 6 month rate \$47.88 yearly rate

To order your online subscription today, visit

[Eedition.wellandtribune.ca](http://Eedition.wellandtribune.ca)

Promo code: 2013\$3.99



formerly  
**The Book Depot**



**Read  
- iculously  
LOW!**  
prices ■

340 WELLAND AVE. ST. CATHARINES

# FOOD TRUCK FESTIVAL

**Saturday May 10th, 2014**

**11 am - 6 pm (one day only)**

**Celebrate Mother's Day Weekend at the Book Outlet**

## ***Food Trucks Attending***

**The Bagpipers Fish and Chips**  
**Rianna's Chuck Wagon**  
**Itty Bitty Pie**

**Shrinerscreek**  
**Bob's Baked Taters**  
**Karma Chamealeon**

**Crazy Cravings**  
**Niagara Falls Fudge**  
**\*Subject to change**

**10% off All Children's Books (Saturday May 10th ONLY)**



**Lego Movie: Junior Novel**  
List Price: \$6.99 Our Price: \$6.29



**Berenstain Bears:  
New Kitten (I Can Read)**  
List Price: \$5.99 Our Price: \$5.40



**Zack's Alligator (I Can Read)**  
List Price: \$5.99 Our Price: \$5.40



**Heartland Box Set**  
List Price: \$89.99 Our Price: \$80.99



**Lego Ninjago 2nd**  
List Price: \$8.99 Our Price: \$8.09



**50 Magical Stories**  
List Price: \$24.99 Our Price: \$22.49



**Mudpaws and the  
Birthday Party**  
List Price: \$15.99 Our Price: \$14.39



**Cars Read, Build and Play**  
List Price: \$19.99 Our Price: \$17.99



**Princess Tea Party**  
List Price: \$12.99 Our Price: \$11.69



**Baby's First Bible Set**  
List Price: \$15.99 Our Price: \$14.39



**Count to 10 with a Mouse**  
List Price: \$5.99 Our Price: \$5.39



**Because I Love You**  
List Price: \$8.99 Our Price: \$8.09

**Don't Miss  
This Event!**



"Rain or Shine"



340 Welland Ave. St. Catharines

**Learn more at [bookoutlet.ca](http://bookoutlet.ca) 905.641.4581**



# Classifieds

pelhamnews.ca/classifieds

Phone: 1-866-541-6757 • Fax: 1-866-485-8461 • Email: pelhamnews.classifieds@sunmedia.ca




## HORBACH'S

### Farms & Greenhouses

*Happy Mother's Day*

## Special

# 10" Hanging Baskets

# \$10.50

(Reg. \$13.00)

Sale starts Friday, May 9, ends Thursday, May 15, 2014

- Perennials • Vegetable
- Flowering Bedding Plants

## Horbach's

### Farms & Greenhouses

York Rd. ST. DAVIDS



located on Concession 2 between Line 6 & Line 7 (Queenston Golf Course Rd.) between St. Davids and Niagara-on-the-Lake

Monday - Friday 9 - 6 - Saturday & Sunday 9 - 5

#### Garage Sales Flea Markets

**MOVING SALE!**  
176 LAWRENCE  
LANE Sat May 10th at  
8 to 1 Dresser, couch,  
mirror, tables, wicker  
chairs & many house  
hold items.

#### General Help Wanted

**PELHAM NEWS  
CARRIERS NEEDED IN  
THE FORTMILL AREA**  
Flyer delivery once a week  
Call 905-732-2414 ext 0

#### General Help Wanted

#### General Help Wanted

#### General Help Wanted

**THE WELLAND TRIBUNE  
IS LOOKING FOR  
CARRIERS IN THE  
FORTMILL AREA**  
If you are interested call  
905-732-2414 EXT "0"

#### Produce/Food

**DEVRIES  
FRUIT FARM**  
Fresh Crisp Apples,  
Apple Cider Eggs,  
Frozen Fruit &  
Preserves!  
825 Canboro Rd. 1  
km West of Fenwick,  
Call 905-882-8754  
Closed Sunday

#### Apartments

**2 BDRM.** East Wexford  
No pets, 1st flr,  
\$820/mo All Incl. Avail.  
Now 905-834-0624

#### Location!

**2 BDRMS** available.  
Spacious & quiet  
mature living.  
Balcony, laundry,  
security entrance,  
close to Maple park,  
bus & shopping.  
Starting at \$980.  
179 CLARE AVE.  
Call 1-905-735-5788

**KINGS MANOR** on  
Queen Park Dr  
1 & 2 bdrm apt.  
Park like setting. Extra  
storage. 905-794-0255  
or 905-714-1005

#### Condos/Lots /White-Ant

**Unique**  
PONTILL - Look out  
Village 180 Hwy 20  
Spacious 2 BDRM  
condo available June  
15th dishwasher,  
fridge & stove 2  
bathroom modern  
parking to Inquire  
Barbara or Brian  
905-692-9228

#### Skilled Trades & Construction

#### APPLY NOW

**LICENSED  
TECHNICIAN**  
5-10 yrs experience.  
Must be able to  
diagnose drivability  
control and electrical  
problems. Wage is  
negotiable.  
905-877-9000 or apply  
in person with resume  
to 977 Dominion Rd.  
Port Line

#### ADVERTISING

WORKS

## The Standard

JOIN A Winning Team!  
Newspaper Routes Available!  
"MONDAY TO SATURDAY HOME DELIVERY"

Fortmill:

\* Stella St, Pelham St (1296-1317), Kunde Park, Vars.  
Call 289-398-1139

Interested in being a Standard carrier?  
Call and apply today!

Standard Circulation Department

905-684-7251

yourlifemoments.ca

For Obituaries call:  
**1-877-750-5054**

Fax: 1-866-485-8461

e-mail: obituaries@yourlifemoments.ca

All other moments call:  
**1-888-786-7821**

Fax: 1-866-757-0227

e-mail: allmoments@yourlifemoments.ca

Obituaries | In Memoriam | Thanks | Births | Celebrations | More

#### In Memoriams

#### In Memoriams

## REMEMBERING Mom

*Memories*

**JOLLY, Linda Emmy** - November 16,  
1945 to May 6, 2013.

Missing you and loving you always

Barbara



**NICHOLAS, ROSE**  
Always so good, unselfish and kind,  
Few on this earth her equal we find  
Honorable and upright in all of her ways,  
Loyal and true until the end of her days.  
Remembering your kindness, and wisdom,  
and all you have done for us.  
"Never Forgotten" The end of a life begins  
a memory  
A memory that lives forever.  
Your Love is still our guide.  
Love always, Ed, Betty Ann,  
Andrew & John, Tina & Nick.

# The Healthy Cupboard

**FONTHILL**  
111 #20 EAST  
(across from Sobeys)  
**905.892.9054**

**PORT COLBORNE**  
101 CLARENCE STREET  
(across from Food Basics)  
**905.835.9806**

**Customer  
Appreciation Day  
First Wednesday  
of Each Month**

## FIGHT BELLY FAT WITH CLA PLUS & GLUCOSMART

by Lorna Vanderhaeghe

If weight loss were as simple as reducing calories and running the treadmill we would all be thin. But weight loss can be effortless when we adopt a new way of eating and take a couple of Health Canada licensed nutritional supplements that get to the root of the weight problem.

### CLA PLUS Fat that Burns FAT

**CLA PLUS** contains conjugated linoleic acid (CLA) and green tea extract. CLA is a fat that safely melts fat away. In a 90-day, double-blind, placebo-controlled study published in 2000 in the Journal of Nutrition, CLA users taking 5000mg of CLA per day had an average weight reduction of seven pounds and an increase in lean muscle with NO diet change. CLA

in a dose of 8000mg per day was also given to a group of post menopausal women and they lost weight with no diet change. Just think if they would have eaten a fat burning diet too! **CLA PLUS** also contains green tea extract to super charge weight loss and rev up fat burning by enhancing metabolism.

### Belly Fat Busting GLUCOSmart

Belly fat is a stubborn problem. No end of sit-ups and crunches make it disappear. We know that insulin is implicated in belly fat weight gain in both men and women. Elevated insulin promotes weight gain, diabetes and excess belly fat. Skin tags are an early sign of pre-diabetes. Thankfully, busting belly fat and normalizing insulin just got easier. The nutrient ChiroSitol (pronounced "kur-au-sitol"), found in **GLUCOSmart** researched in over 30 studies at the Virginia Medical School, works to keep blood sugar in the healthy range. **GLUCOSmart** halts sugar cravings. But where **GLUCOSmart** really shines is in fighting belly fat in both men and women. Combine **CLA PLUS** along with **GLUCOSmart** and drink **SLIM-T** containing Garcinia and weight loss will be effortless.



When you purchase Glucosmart you will receive my book A Smart Women's Guide to Weight Loss FREE (a \$24.95 value).  
[www.hormonehelp.com](http://www.hormonehelp.com)

## Glucosmart Belly Fat Buster



**\$3  
Value**

EXCLUSIVELY AT:

**The Healthy Cupboard**

WITH COUPON  
VALID UNTIL MAY 24th, 2014

**The Healthy Cupboard**  
SIGN UP FOR OUR  
NEWSLETTER AT  
[www.healthycupboard.ca](http://www.healthycupboard.ca)

[www.healthycupboard.ca](http://www.healthycupboard.ca) • [healthycupboard@gmail.com](mailto:healthycupboard@gmail.com)



**Tanya &  
Ian Birrell**  
Owners of  
The Healthy Cupboard

### TWO LOCATIONS!

**FONTHILL**  
111 #20 EAST  
(across from Sobeys)

**PORT COLBORNE**  
101 CLARENCE STREET  
(across from Food Basics)

**905.892.9054 905.835.9806**



# Canada's Spring Store

## Crawford Collection Gazebo



SAVE  
20%

**SALE**  
**\$119<sup>90</sup>**

#88-1328-B

Reg \$149.99

## Lakeside Collection Gazebo



SAVE  
20%

**SALE**  
**\$199<sup>90</sup>**

#88-1610-4

Reg \$249.99

## Havana Collection Gazebo



SAVE  
13%

**SALE**  
**\$349<sup>99</sup>**

#88-0342-B

Reg \$399.99

## Octagon Gazebo with Netting



SAVE  
18%

**SALE**  
**\$449<sup>99</sup>**

#88-1613-B

Reg \$549.99

## Clarkson Collection Gazebo, 10' x 10'



SAVE  
13%

**SALE**  
**\$699<sup>99</sup>**

#88-1447-4

Reg \$799.99

## Essex Collection Gazebo



SAVE  
10%

**SALE**  
**\$899<sup>99</sup>**

#88-1336-B

Reg \$999.99

## Acadia Gazebo, 12 x 14-ft



SAVE  
13%

**SALE**  
**\$1,299<sup>99</sup>**

#88-1609-0

Reg \$1,499.99

## Pavilion Hardtop Gazebo



SAVE  
15%

**SALE**  
**\$1,699<sup>99</sup>**

#88-1433-B

Reg \$1,999.99

## Villa Collection



## Lakeside Collection



## Cabana Collection



## Parsons Patio Set



\*Product May Vary By Store\*

GLENDALE AVE  
ST. CATHARINES  
905-688-7481

WELLAND AVE.  
ST. CATHARINES  
905-888-9488

NICLEDD RD.  
NIAGARA FALLS  
905-388-0181

LOUTH ST.  
ST. CATHARINES  
905-882-9275

MONTRÉSE RD.  
NIAGARA FALLS  
905-264-3848

GARRISON RD.  
FORT ERNÉ  
905-871-1664

WEST SIDE DR.  
PORT COLBORNE  
905-835-1166

PRIMROSE DRIVE  
WELLAND  
905-782-7981





# GREAT GIFTS FOR MOM

10" Hanging Basket



**SAVE 40%**  
**SALE**  
**\$8.97**  
Reg \$14.99

33-3802

12" Hanging Basket



**SAVE 41%**  
**SALE**  
**\$14.99**  
Reg \$24.99

33-3812

6 pack Wave( 5 colours)



**SAVE 30%**  
**SALE**  
**\$6.99**  
Reg \$9.99

33-3588

6 Pack Geranium



**SAVE 30%**  
**SALE**  
**\$6.99**  
Reg \$9.99

33-3588

6 Pack New Guinea Impatiens



**SAVE 30%**  
**SALE**  
**\$6.99**  
Reg \$9.99

33-3588

12" Combo Planters



**SAVE 20%**  
**SALE**  
**\$19.99**  
Reg \$24.99

33-0339

4" Seed Geraniums



**SAVE 20%**  
**SALE**  
**\$1.59**  
Reg \$1.99

33-3703

1 qt Clematis



**SAVE 25%**  
**SALE**  
**\$5.99**  
Reg \$7.99

33-5280

6 Pack Wave, Geranium, New Guinea, Impatiens



**SAVE 30%**  
**SALE**  
**\$6.99**  
Reg \$9.99

33-3588

4" Dracena



**SAVE 20%**  
**SALE**  
**\$1.99**  
Reg \$2.49

33-3513

10" 2 Ball Eugenia Standard



**SAVE 17%**  
**SALE**  
**\$29.99**  
Reg \$35.99

33-1205

10" Gardenia Standard



**SAVE 17%**  
**SALE**  
**\$24.99**  
Reg \$29.99

33-1247

10" Hibiscus Braid Standard



**SAVE 29%**  
**SALE**  
**\$24.99**  
Reg \$34.99

33-1214

10" Hibiscus Bush



**SAVE 25%**  
**SALE**  
**\$14.99**  
Reg \$19.99

33-2561

6" Mandavilla With Hoop



**SAVE 24%**  
**SALE**  
**\$12.99**  
Reg \$16.99

33-2559

GLENDALE AVE.  
ST. CATHARINES  
905-227-7481

WELLAND AVE.  
ST. CATHARINES  
905-880-0488

MCLEOD RD.  
NIAGARA FALLS  
905-858-0181

LOUTH ST.  
ST. CATHARINES  
905-882-8275

MONTRORSE RD.  
NIAGARA FALLS  
905-854-8848

GARRISON RD.  
FORT ERIE  
905-871-1504

WEST SIDE DR.  
PORT COLBORNE  
905-838-1155

PRIMEWAY DRIVE  
WELLAND  
905-782-7501